



Bluegrass Brunch

Starters

Griddled Banana Bread (V)

Whipped Farm Butter, Sea Salt, Local Honey

8

Fruit & Yogurt Parfait (V)

Vanilla Greek Yogurt, Fresh Berries, Cinnamon Granola

9

Avocado Toast (V)

Avocado Mash, Pickled Onions, Microgreens, Crushed Red Pepper, Fried Egg
Wheatberry Bread w/ Side Salad

13

Appalachian Smoked Carolina Trout Dip

Sunburst Farms Mountain Trout, Smoked Paprika Lavash Crackers

13

Cathead Biscuits & Gravy

Buttermilk Biscuits, Sausage Gravy

11

Ploughman's Board

House Cured Meats & Aged Cheeses w/ Seasonal Accompaniments & Breads

28

Garden

Highlander Wedge (GF)

Heirloom Lettuce, Candied Pork Belly, Confit Tomatoes, Sunflower Seeds, Blue Cheese

14

Greens on Main (V) (GF)

Shaved Brussels Sprouts, Baby Kale, Green Onions, Pepitas, Parmesan, Truffled Green Goddess

14

TRG Caesar

Baby Green Romaine, White Anchovy, Toasted Brioche, Grana Parmesan

13

Salad Additions

Springer Mountain Chicken Breast **9**

4oz. Beef Tenderloin **17**

Sunburst Farms Smoked Trout Filet **15**

(V): Vegetarian (VG): Vegan (GF): Gluten Free

*Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness



Brunch Sandwiches

Fried Chicken Biscuit

Homemade Buttermilk Brined Fried Chicken, Scrambled Egg, Tillamook Sharp Cheddar, Carolina Hollandaise, w/ Breakfast Potatoes

18

Farmer's Breakfast Sandwich

Scrambled Farm Fresh Egg, Benton's Bacon, Heirloom Tomato, Spinach, Chipotle Aioli, Choice of English Muffin or Toasted Hawaiian Roll, w/ Breakfast Potatoes

16

The Ruffed Grouse Tavern Burger

Two Angus Beef Patties, Sharp Cheddar, House Pickles, Grated Onions, Comeback Sauce, Toasted Hawaiian Bun w/ French Fries

21

Mains

French Toast (V)

Backwoods Bakery Cinnamon Pain Di Mi, Fresh Berry Compote, Chantilly Cream, Powdered Sugar, Vermont Maple Syrup

16

Tavern Breakfast

Farm Fresh Eggs, Choice of Benton's Bacon or Sausage, Grits or Potatoes, Toast or Biscuit

17

Full English Breakfast (GF)

Farm Fresh Eggs, Country Ham, Sausage, Baked Beans, Grilled Tomato, Local Mushrooms

21

Breakfast Tacos

Slow Cooked Pork, Eggs, Cheddar, Pickled Onion, Avocado, Salsa Verde, w/Breakfast Potatoes

17

Highlander Omelet (V) (GF)

Local Mushrooms, Spinach, Goat Cheese, w/ Breakfast Potatoes

18

Eggs Benedict

Sourdough English Muffin, Smoked Country Ham, Poached Egg, Carolina Hollandaise, w/ Breakfast Potatoes

22

Sides

Breakfast Potatoes (V)

7

Hand Cut Fries (V)

8

Fresh Fruit Cup (VG) (GF)

7

Benton's Bacon (GF)

7